



Frozen Meals

Wholesome prepared natural food, skillfully prepared, fully cooked and frozen. Meals are made with our own beef and vegetables from the summer garden. No added salt or sugar and no preservatives.

ITEM	DESCRIPTION
Pork Pie	Minced pork with an orange glaze topped with green beans in a 5 inch pie plate.
Lasagna Rolls	Individual lasagna noodles stuffed with cheeses and topped with tomato meat sauce and more cheese. 2 to a package.
Homestead Chicken Pie	Chicken pieces with cubed potato in a gravy topped with mashed carrot in a 5 inch pie pan.
Cabbage Rolls	Two large rolls of extra lean ground beef and rice wrapped in cabbage and covered with our tomato sauce.
Home-style Chili	1 pound of lean ground beef in our tomato sauce and spices with both kidney beans and brown beans. Delicious flavor.
Maple Baked Beans	Brown beans baked in pure maple syrup infusing great flavour packaged in a 1 pound container.
Meatloaf	A moist mini loaf of lean beef with tomatoes and topped with rice and kernel corn.
Shepherd's Pie (5 inch)	Ground beef in a rich gravy and mixed vegetables topped with creamed potatoes.
Maple Squash Beef Pie (5 inch)	Lean ground beef flavored with golden veggie spread, green peas & topped with maple butternut squash.
BBQ Meatballs and Rice	3 meatballs covered in our homemade BBQ mildly spiced Sauce on a bed of rice.
Pulled Chicken	A 1/2 pound of shredded chicken in a homemade BBQ sauce. Will make 2 delicious sandwiches or serve with a side of rice.
Spaghetti Pie	Beef and tomato sauce on top of a spaghetti crust with lots of cheese in the middle.
Liver & Onions	Roasted beef liver, caramelized onions and gravy served with roasted potatoes.
Salisbury Steak	A 5 oz. flavored lean ground beef patty in pan gravy with mashed potatoes and green beans.
Chicken Alfredo	Bow-tie pasta and chunks of chicken served in a homemade Alfredo sauce with mixed vegetables.
Mac & Cheese	Our best tasting macaroni in a homemade creamy cheddar cheese sauce.