

# Calabogie & Area Home Support Frozen Meals Program

613-752-2828

info@calabogiehomesupport.com



## Frozen Meal Order Form

Order Date:	PLEASE PRINT	Quantity of Meals Ordered:	
Name:		Price Per Meal:	\$5.50
Address:		Amount Owed:	
Phone:		Amount Paid:	
Requested Delivery Date:		Payment Date:	

### To Order

Please indicate quantity in each column box.

All frozen meals are prepared locally by Griffith Farm & Market.



Wholesome prepared natural food, fully cooked and frozen. Just thaw and heat.

Meals are made with Griffith Farm beef & vegetables from the summer garden.

No added salt or sugar and no preservatives.

### \*\*\* FROZEN MEAL OPTIONS \*\*\*

Description	Regular	Gluten Free	Lactose Free	Puree
Pork Pie		***	***	***
Lasagna Rolls				***
Chicken Pie		***		***
Cabbage Rolls		***	***	
Home Style Chili		***	***	***
Maple Baked Beans		***		
Meatloaf c/w Rice & Corn				***
Shepherd's Pie		***		***
Maple Squash Beef Pie				***
BBQ Meatballs & Rice				***
Pulled Chicken		***	***	***
Spaghetti Pie				
Beef Stew		***	***	***
Salisbury Steak			***	***
Liver & Onions		***	***	***
Honey Garlic Meat Balls			***	***
Chicken Alfredo Pasta				***
Mac & Cheese				***
Minestrone Soup				
Hamburger Soup				
Beef Barley Soup				

Home Support is open Monday to Friday  
9 am to 12 Noon

Home Support  
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Meal Price \$5.50 Meals Are Diabetic Suitable